

Rex and Nancy Couture

Born and raised in Denmark, Nancy started dancing as a five-year-old. She had ballroom classes and traditional Danish dances were part of the local dances. Rex started as a teenager. He took a ballroom class in his junior year of high school.

While in California working as an au pair Nancy was introduced to the international folk dance group at the University of California San Diego where Rex was active and a leader. Rex and Nancy were married in Denmark the following year and are still dancing together 48 years later.

Rex has played violin since the age of five. After moving to Chicago in 1977 he started playing traditional Scandinavian music in earnest. In St. Louis, together with a group of enthusiastic fiddlers, he co-founded the St. Louis Spelmannslag.

While they are very interested and active in the international folk dance community and have participated in it since moving to St. Louis in 1986, couple dances are their passion. Both have served in various capacities in the local folk dance organizations. They participate in several performing groups for which Nancy is the artistic director. They travel widely for workshops and dance/music camps. Additionally they help organize, promote, coordinate and host dance workshops and performances of visiting artists.

